In order to help you master your money and manifest with more ease, it's important to discover your old money stories.

Witness the following exercises with no judgment. Simply discover where some of your money habits came from. Then you'll be empowered to create a new money story.

## So how do you discover your money story?

Finish these sentences:

When I was little, my parents said or showed me this about money:
That's playing out in my life today by:
Earning money is

Did you notice anything negative come up? These are money beliefs you want to focus on clearing. Congrats! Knowing your money story is HUGE!